

Jefferson Center for Mental Health presents



18th Annual
Helping Kids Thrive
Conference

**Save the
date**

Thursday, October 22, 2009

5:30 - 9:00 p.m.

Jefferson High School, 2305 Pierce Street, Edgewater

Classes include:

The Preschool Years: Creating a Blueprint for Success

The Elementary Years: Foundation for Healthy Growth

The Teen Years: Framing Boundaries and Expectations

Empowering Successful Kids

AND MUCH MORE...

SAVE THE DATE NOW...MORE INFO TO COME!

- Light refreshments will be available
- Supervised children's activities on-site during conference. (Children *must* be potty-trained.)
- Community resource tables
- Practical & informative tips for raising kids of all ages
- All classes are presented in English & Spanish

FREE

Past participants say...

*"Very knowledgeable about
the whole child."*

"Great job!"

**"Presentation was well rounded
and helpful.
Discussion of issues that I am
concerned about."**

"Very informative workshop, please keep them going!"

"Excellent Resources..."



Jefferson Center
for mental health

For more information visit us at www.jcmh.org